

# Christmas in NEW MILTON

WISHING YOU ALL  
**A peaceful Christmas season**  
& A HEALTHY NEW YEAR

We express gratitude to those below who have sponsored parts of the display

**LARGE STREET TREE LIGHTS**  
Atech UK Ltd    Bethel House Care Home  
House of Hair    Wheatsheaf Inn  
New Milton Residents Association    New Milton Sand & Ballast

**NORDMANN LARGE CUT TREES**  
Lions Club of New Milton – New Life Church

**SMALL STREET TREE LIGHTS**  
Anthony Harris & Co – BAKE  
Bradbeers - Charles Nobel - Dixon Stewart  
Kimbers Carpets – New Forest Stationers - New Milton Pharmacy  
New Milton Advertiser & Lymington Times - Sullivan Lawford




It's the season of indulgence, but also the season of social events, sparkly party dresses and festive hashtags as you pose for social media. With all the glamour of the party season, many of us put pressure on ourselves to look our best. Overspending or buying clothes that make you uncomfortable won't make you feel good inside.

Here's how to keep some perspective – and practise some self-love as you choose your Christmas party outfits...

**Don't overspend on an expensive outfit**  
It's tempting to believe you need lots of new on-trend party outfits, or that glamorous dress that's way out of your budget. wearing dresses, don't force yourself to wear one, as you'll end up looking uncomfortable. Try a jumpsuit or a chic suit with a silky cami underneath. Don't allow yourself to be influenced by what friends or colleagues are wearing."

**Don't be tempted to buy on the small side**  
All you'll end up feeling is failure. "If you're treating yourself to a new outfit, make sure to buy something that fits you now – not something that only just fits in the hope that you'll lose a few pounds before the event," says Hasler. "We all over-indulge at Christmas, so go with your size, or even a size up."

**If sparkle or glitz isn't your style, don't do it**  
Just as you don't have to pack boho skirts for a festival, you don't have to buy into a festive trend that doesn't reflect you. "It's important to stay true to your personal style during party season," says Hasler.

**Prioritise comfort**  
There's nothing worse than feeling physically uncomfortable in clothes, whether it's high-waisted jeans that don't feel so good after the office Christmas lunch, or a bodcon that makes you feel

like you need to suck in your stomach.

Hasler agrees: "It's really important to feel comfortable in your party outfit, so you can relax and enjoy yourself. Don't wear something tight or restrictive, like a pencil dress, that's going to make you feel self-conscious or uncomfortable all night."

So, let yourself breathe, let your tummy relax and let's never punish ourselves with bodycons ever again.

**Celebrate what you love about your body**

We are conditioned to be far more negative about ourselves than about how other people look. So, if you do catch yourself berating your thighs before you go out, pause, rationalise that it's a thought pattern influenced by a patriarchal construct, and consciously tell yourself some kind things instead.

"Remember that others don't notice the parts of your body that you're not keen on," adds Hasler. "If you feel conscious of your tummy, wear an outfit that draws the eye to a part of your body you do like. Show off your legs in a short dress, your feet in glitzy shoes or your décolletage with an off-the-shoulder number."

**Once it's on, try to forget about your outfit**

It's the run-up to Christmas, it's a celebration, a bringing together of loved ones, a totally acceptable time to flirt, and an excuse to party in cold, dreary winter. It is not the time to hesitate about accepting a homemade mince pie, pass up a Baileys or go home at a reasonable hour.

**Follow Susie Hasler on Instagram @styled.bysusie**

redcliffegardencentre

Our fabulous Christmas department is now open!

**LATE NIGHT OPENING**  
Friday 6th December  
5-8 pm

Redcliffe Garden Centre  
One night only: 10% Discount off

Bashley Road, New Milton · 01425 619691



**THE EMPORIUM**  
REDCLIFFE GARDEN CENTRE

\*\*\*\*\*

**CHRISTMAS LATE NIGHT OPENING**

The perfect evening to find that something different

**5PM-8PM FRIDAY 6TH DECEMBER**

Over 170 stalls!

We look forward to seeing you

Antiques | Vintage | Retro | Crafts  
Bashley Road, BH25 5RY  
info@redcliffeemporium.co.uk 01425 543385



**The Potting Shed**  
TEA ROOM  
01425 638926

Book now for 2-course dinner  
**£20**

Live music by **Five Star Swing** ★★★★★




MULLED WINE & MINCE PIE BAR





# Christmas in NEW MILTON



**Making a list? Checking it twice?  
Head to New Milton to find something nice!**

### Lush Signs

Thank you for all your support over the past year, we hope you have a Merry Christmas and a Prosperous New Year.

*From all at Lush Signs.*

### Toys & More

We are a small family run business which has been at the heart of New Milton high street for nearly 40 years thanks to your continued support.

We will be open on Sunday the 15th December and the 22nd December from 11am until 3pm and on Christmas eve until 3.30.

A wide range of gift ideas which include toys, jigsaws, arts and crafts models and much more starting from just £4.99.

*Wishing you all a very merry Christmas and a happy new year!*



### Milford Supplies

For over 35 years, our family-run independent business has been proudly serving the New Milton community. Located in a convenient location with plenty of parking, we offer a huge selection of DIY supplies, home and garden essentials to meet all your needs.

We're known for our friendly, knowledgeable customer service and our vast range of quality products. Spread across two floors, our DIY store is packed with everything from basic household fixes, like changing a light bulb, to solutions for reorganizing and upgrading your home.

Our garden shop is stocked year-round with everything you need to care for and enhance your outdoor spaces, in addition items for wildlife and pet care.

Experience our seasonal Christmas sections, brimming with festive lights, decorations, and ornaments to make your celebrations truly special.

Come and explore everything we have to offer - we're here to help you bring your projects to life!

### Noah's Ark Farm

Noah's Ark Farm in New Milton specialise in producing Traditional Free Range Bronze Turkeys for Christmas. We rear the chicks from early June when they are just one day old. They are reared under a brooders until old enough not to need heat at about 6 weeks old and are then transferred to a straw-bedded barn. After 10 weeks they are released into the fields during daylight hours, while at night they have the security of the spacious barn with plenty of fresh air.

The turkeys are nearly all hen birds from several slow-growing strains bred specifically for Christmas to give a wide weight range and mature birds at about 22-24 weeks (compared with intensive supermarket birds of 14-16 weeks). This ensures the best conformation, succulent flavour and fine meat texture. All the birds are fed with food containing 70% cereal products and no animal protein, antibiotics or growth promoters.

The turkeys are processed on our farm, thus reducing stress as well as food miles. This starts in early December when all birds are dry-plucked, hand finished and then hung in a chilled environment for a minimum of 10 days which helps to tenderise the meat and develop its unique flavour.

### TOYS & MORE

GAMES MODELS GIFTS FOR YOUNG & OLD

From Model Kits and Paints, to Jelly Cats and More!

71 Station Rd, New Milton BH25 6HY

Monday	9:30am-5pm
Tuesday	9:30am-5pm
Wednesday	9:30am-1pm
Thursday	9:30am-5pm
Friday	9:30am-5pm
Saturday	9am-4:30pm
Sunday	Closed

01425 617805

## CHRISTMAS TURKEYS

FREE RANGE BRONZE TURKEYS (all sizes available)

### NOAH'S ARK FARM

Lower Ashley Road, Ashley, New Milton

**01425 638079**

Free range chicken also available  
noahsarkfarm@mail.com  
Order online at  
www.noahsarkfarm.co.uk

Christmas is COMING

Want to promote your business or event to our 31,074\* readers in our upcoming Christmas features?

13/10/2024 October 2024

Please contact Carol Shears on 07734 384687 or carol.shears@advertiserandtimes.co.uk

### MILFORD SUPPLIES

**We have your Christmas covered**

- Large selection of lights
- Illuminated feature figures
- Build your own garland
- Baubles and tree ornaments
- Eco gift wrap solutions

**112 Gore Road, New Milton**  
**01425 611036**

## LUSH SIGNS

Est. 1929

Lush Signs is a family-run business. We are one of the longest established Sign firms in Southern England.

We have a qualified team of Friendly Reception Staff, Professional Estimator / Sales Representative, Graphic Designers, Digital Print Technicians / Vinyl Applicators, Traditional Signwriters and Sign Fitters.

For all your signage needs  
64 Old Milton Road, New Milton, Hampshire, BH25 6DX  
Tel: 01425 616205 Email: sales@lushsigns.co.uk  
Website: www.lushsigns.co.uk

### Bashley Plant Centre

Traditional Nursery in the centre of the village

### Fresh Cut and Potted Christmas Trees

**Lots of cut and potted Christmas Trees in stock**

**Fresh Cut LOCAL English Trees**

Holly Wreaths | Poinsettia Christmas Planted Bowls Mistletoe | Bird Tables | Cut Trees | Gift Vouchers | Planted Indoor Tubs and Baskets | Pop Plants

**01425 612442** **GIFT TOKENS AVAILABLE**

Bashley Common Road, Bashley, New Milton